# Safety Newsletter

Southwest Area Regional Transit District

October, November, and December 2024

Quarterly Newsletter

#### Reminders:.

- If you have reached your capacity of your clients and there is an ADA client waiting, you must transport.
- A reminder, please no cell phones while driving!!
- Do not leave straps in the floor place them back in the rails, it is not safe to use a trash can or anything else to hold straps, they have to be returned to the tracks for safety reasons.
- Seat belts should be worn at all times—make sure clients are wearing them.

### Tips For Driving Safely In Icy Roads

#### Speed

Slow down for wet, snowy, or icy conditions. You will be more likely to maintain control of your vehicle at lower speeds. Slow down when approaching intersections, off-ramps, bridges or shady spots. These are all potential problem spots for black ice, which is a thin coating of clear ice that can form on the pavement surface that may be difficult to see especially at night.

#### Following distance

Decrease your speed and leave plenty of room to stop. You should allow at least three times more space than usual between your vehicle and the vehicle in front of you.

#### Abrupt Maneuvers

Avoid excessive actions while steering, braking or accelerating to lessen the chances of losing control of the vehicle. When you're driving on snow, ice or wet roads, avoid abrupt steering maneuvers.

#### Braking

Braking gently will help you avoid skidding. If you have anti-lock brakes (ABS), press the pedal down firmly and hold it. If you don't have anti-lock brakes, gently pump the pedal to avoid wheel lock-up.

#### Vehicles

Don't assume your vehicle can handle all conditions. Even four-wheel and front-wheel drive vehicles can encounter trouble on winter roads. If your vehicle is equipped with Electronic-Stability Control (ESC), make sure it's turned on. ESC will assist you in maintaining control of your vehicle if it loses traction. Keep your lights and windshield clean and turn on your lights to make you visible to other motorists.

#### Road conditions

Be especially careful on bridges, overpasses and infrequently traveled roadways, which tend to freeze first. Even at temperatures above freezing, if the conditions are wet, you might encounter ice in shady areas or on exposed roadways like bridges. Be aware that road conditions are constantly changing.

#### Stay Alert

When driving in adverse weather conditions, look farther ahead in traffic than you normally do. Actions by other vehicles will alert you to problems more quickly, and may give you a split-second of extra time to react appropriately.

#### SAFETY COMMITTEE

Cynthia Rodriguez - Uvalde

Francisco Villalobos— Eagle Pass

Carlos Mallen—Eagle Pass

Michael Sanchez-Eagle Pass

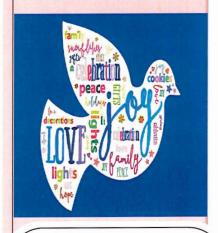
Jesus Rodriguez - Eagle Pass

Armando Martinez-Uvalde

3 available Vehicle Operators from the county service area.

The Committee members will be meeting quarterly to tackle any safety issues or concerns. Feel free to bring any issues to those members as needed.

Your concerns are greatly appreciated.



Tips for Driving Safely in Icy Roads

Recipe/motivational quote

Safety Issues

Birthdays

Defensive Driving

Drive Safely!

### Safety Issues

- → Slow down on speed bumps.
- → If you see a non safe issue, report it right away to our Safety & Training Technician.
- Do not use vehicles that are not equipped with cameras. It's for your own safety.
- → Loud music and profanity music should not be played in the vehicle
- → Don't forget to wear your ID badge at all times
- Emergency red handles on the buses are broken and they are not being reported.
- → Incident/accidents Reports need to be turned in within 24 hours that an incident/accidents occurs not days later.
- → Park buses in their designated spots. For no reason should we have vehicles parked under the canopy.
- Mechanical failures need to be reported to the Vehicle Technicians, not to your Supervisor.

Marles ...

→ Make sure all clients are wearing their seat belts at all times.

Fund Voor

- Reduzca la velocidad de los baches.
- Si ve un problema no Seguro, informar de inmediato a nuestra seguridad al tecnico de seguridad.
- No utilice vehículos que no estén equipados con cámaras. Es por tu propia seguridad.
- La música fuerte y la música profana no deben reproducirse en el vehículo
- No olvides usar tu placa de identificación en todo momento
- Las manijas rojas de emergencia en los autobuses están rotas y no están siendo reportadas.
- Los informes de incidente/accidente deben ser entregados dentro de las 24 horas.
- Estacione los autobuses en sus lugares designados. Sin ninguna razón deberíamos tener vehículos estacionados bajo el dosel.
- Las fallas mecánicas deben ser reportadas a los Técnicos del Vehículo, no a tu supervisor.
- Asegúrese de que todos los clientes lleven puestos los cinturones de seguridad en todo momento.

#### TML Comparison Report

Please note that this report reflects as of June 30, 2024

rund fear	workers Comp.	General Liability	Auto
2023/2024	0	0	0
Contribution	\$46,218	\$414	\$58,966
Loss Ratio	0.0%	0.0%	69.3%
Fund Year	Workers Comp.	General Liability	Auto
2022/2023	2	0	5
Contribution	\$41,239	\$353.00	\$69,233
Loss Ratio	5.0%	0.0%	6.9%



## Important dates to remember:

Don't forget to clock in daily, and submit your timesheet. If you have any questions or problems with EWS, contact Magdalena Flores, Finance Assistant at 830-278-4155

### Simple recipes

Easy Homemade Chili

1 tablespoon

1

2 pounds

1/4 cup

14 1/2 ounces cans

4 cups

1 cup

2 15-ounces cans

16 ounces can cans

1 tablespoon

3 tablespoons

3/4 teaspoon

½ teaspoon

1 teaspoon

Olive Oil

Large Onion (diced)

Lean Ground Beef

Red Wine Vinegar

Petite (diced tomatoes, undrained)

Tomato Juice

Ketchup

Pinto Beans (undrained)

Kidney Beans (undrained)

Brown Sugar (packed)

Chili Powder

Garlic Salt

Pepper

Paprika





# Community Events...

SWART participates in the 9th Annual "Think Pink Runway Show" hosted by the Maverick County Hospital District (MCHD) Breast & Cervical Cancer Services program at the City of Eagle Pass International Center For Trade on October 2, 2024.



SWART participates in the Chicano Por La Causa on October 10, 2024.



MCHD



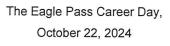
"Step Up for Awareness", hosted by the United Medical Center (UMC) Breast & Cervical Cancer Services on October 17, 2024.







Transfer & Career Fair, hosted by Southwest Texas College on October 21, 2024.









Donation of first aid manikins and Defibrillators to the Cruz Roja of Piedras Negras, Coahuila. October 25, 2024





# Community Events....



National Night Out in Uvalde
October 01, 2024



Cancer Awareness in Crystal City
October 05, 2024



National Night Out in Crystal City
October 10, 2024



National Night Out in Uvalde
October 22, 2024



Crystal City Nutrition Center / Zavala November 13, 2024



Uvalde Nutrition Center November 7, 2024





SWART participates in the
Spinach Festival Parade
November 9,
2024







Brackettville College, Career, and Military Readiness Event

December 11, 2024

























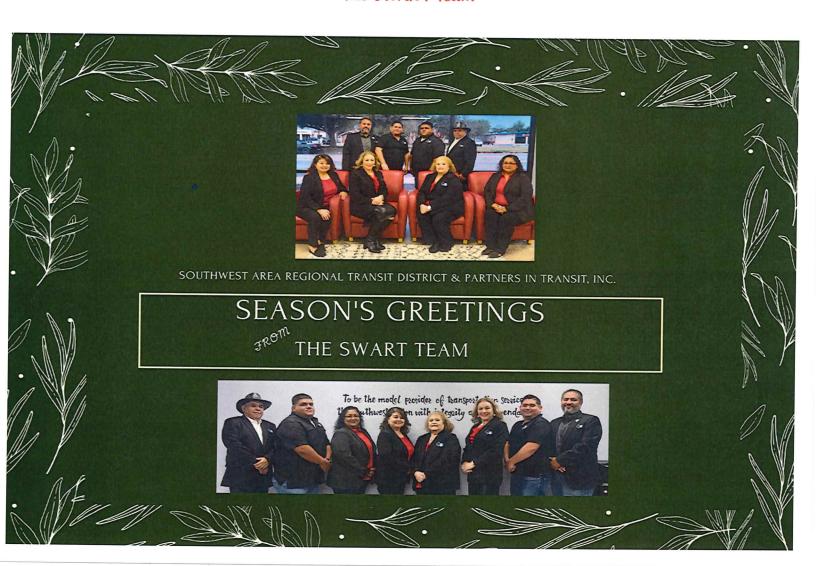


As the year draws to a close, the GWART Team would like to express our heartfelt gratitude for your continued partnership and support.

It's been a pleasure working with you, and we truly appreciate the collaboration we've shared. We wish you and your loved ones a joyful holiday season

filled with peace, happiness, and prosperity. May the new year bring you continued success and many more opportunities to work together.

Warm regards,
The SWART Team





Don't forget to visit our web site October Birthdays

November Birthdays

December Birthdays

Matias Parra-10/25 Jose Cruz-10/8

Gerardo Gutierrez-11/2

Juan Salinas-12/2

Carlos Rosales 12/8

Fortino Patino-12/9

Michael Sanchez 12/16

Ruben Anguiano-12/19

Robert Enriquez-12/19

Aiko Hernandez—12/23

Jesus Martinez—12/24

Gabriel Mirelez-12/29



# Stay Focused on Your Driving and the Road

One of the most important defensive driving strategies is to stay focused and avoid becoming distracted. This means you should not use your cell phone or any other type of electronic device while you are driving. To avoid the temptation to do so, put them away.

This also means that you should pull over and rest if you are feeling tired. Driving when you are feeling sleepy can be just as dangerous as driving when you have had too much to drink.

You also want to make sure that you don't start daydreaming or otherwise space out when you're driving. It's also essential that you don't get distracted by whatever is going on inside your car rather than paying attention to the road.

It is easy to become distracted by things you see outside of your car sometimes that isn't related to defensive driving. This might be an accident, something strange happening on the side of the road, or a funny road sign. Instead, you'll want to stay focused and make sure you are able to stay away from other drivers you might be distracted.

Lastly, don't try and multitask when you are driving. This means you shouldn't be putting on makeup, eating, or drinking while you're driving. If you need to do any of these activities, pull over and take a minute to do so while you are not on the road.

