

# Safety Newsletter

Southwest Area Regional Transit District

January, February, and March 2021

Quarterly Newsletter

## Reminders:

- Make sure a pre-trip inspection is being done correctly and complete
- Do not use your cell phones while driving, please use mic.
- Assist clients on and off the bus, always ask if they need assistance.
- Place the phone in the cup holder.
- Do not leave straps in the floor place them back in the rails, it is not safe to use a trash can or anything else to hold straps, they have to be returned to the tracks for safety reasons.

## Don't Follow Too Closely

Safe driving guidelines advise drivers to keep a safe distance between themselves and the car ahead. Drivers need enough time to react if that car makes a sudden turn or stop. It can be too difficult to estimate the recommended distances while driving and the exact distance would have to be adjusted for speed, so most experts recommend a "three-second rule."

The three-second rule is simple. Find a stationary object on the side of the road. When the car ahead of you passes it, start counting seconds. At least three seconds should pass before your car passes the same object. Once you have some driving experience and have practiced keeping this minimum distance, you'll develop an instinct for it and know how close to follow without having to count. However, even experienced drivers should count off the three-second rule now and then to make sure.

At night or in inclement weather, double the recommended time to six seconds.



Drive Safely !

## SAFETY COMMITTEE

Cynthia Rodriguez – Uvalde

Juan Fernandez- Eagle Pass

Francisco Villalobos— Eagle Pass

Carlos Mallen—Eagle Pass

Jesus Puente—Eagle Pass

Jesus Rodriguez—Eagle Pass

3 available Vehicle Operators from the county service area.

The Committee members will be meeting quarterly to tackle any safety issues or concerns. Feel free to bring any issues to those members as needed.

Your concerns are greatly appreciated.

“The **strength** of the team is each individual member.

The **strength** of each member is the

**team.”**

- Phil Jackson

Don't follow too closely

Important dates/recipes

Safety Meeting News

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## Important dates to remember:

⇒ Don't forget to clock in daily, and submit your timesheet. If you have any questions or problems with EWS, contact Laura Herrera, Finance Assistant at 830-278-4155 ext. 3039

## Simple recipes

### Fish Tacos

#### Ingredients

- PICO DE GALLO
- 6 Roma tomatoes, chopped
- 1 small white onion, peeled and chopped
- 1/4 cup fresh cilantro, chopped
- 1 lime, juiced
- 1 tablespoon diced jalapeño chile
- 1 teaspoon salt
- 1 teaspoon hot sauce
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- TACOS
- 2 teaspoons chili powder 1/2 cup pico de gallo (recipe above) 1/4 cup Mexican crema or sour cream
- 1½ pounds cod filets 2 tablespoons olive oil 8 corn tortillas, warmed 2 limes, cut into wedges
- 2 teaspoons paprika 2 teaspoons ground cumin
- 1 teaspoon onion powder



## Do Not Let your COVID-19 Guards Down

We must remain alert that COVID-19 is a contagious illness that poses the possibility of exposure in any public place where people are present. Despite life seeming more "normal" than in previous months, COVID-19 will be part of our reality for the foreseeable future. We must stay vigilant, especially as the Texas Department of Health reports recent increases in the numbers of confirmed cases of the virus around the state.

Now is not the time to let our guards down. The same best practices that helped us flatten the curve this spring are critical now. They include:

- Wearing face coverings indoors and outdoors where a six-foot distance from others is not possible
- Continued physical distancing
- Frequent and proper hand-washing
- Avoiding touching your face

Staying home and away from others if you are sick

As the priority is to keep everyone safe in the communities, we must continue to take personal responsibility when it comes to protecting ourselves, our loved ones and everyone with whom we come in contact.

These small steps — even the ones that seem strange or inconvenient — should be habit by now, and they remain critical practices.



# Safety Issues

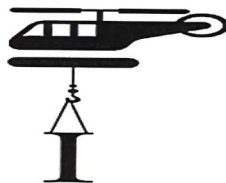
- Slow down on speed bumps.
  - If you see a non safe issue, report it right away to our Safety & Training Technician.
  - Do not use vehicles that are not equipped with cameras. It's for your own safety.
  - Check ramps, make sure they are properly secure before opening doors.
  - Pre-trip inspections are not being done.
  - Emergency red handles on the buses are broken and they are not being reported.
  - Incident/accidents Reports need to be turned in within 24 hours that an incident/accidents occurs not days later.
  - Park buses in their designated spots. For no reason should we have vehicles parked under the canopy.
  - Mechanical failures need to be reported to the Vehicle Technicians, not to your Supervisor.
  - Gassing up vehicles at the end of your shift is a must.
- Reduzca la velocidad de los baches.
  - Si ve un problema no Seguro, informar de inmediato a nuestra seguridad al tecnico de seguridad.
  - No utilice vehículos que no estén equipados con cámaras. Es por tu propia seguridad.
  - Cheque la rampa, asegúrese de que estén correctamente seguros antes de abrir las puertas.
  - No se están realizando inspecciones previas al viaje.
  - Las manijas rojas de emergencia en los autobuses están rotas y no están siendo reportadas.
  - Los informes de incidente/accidente deben ser entregados dentro de las 24 horas.
  - Estacione los autobuses en sus lugares designados. Sin ninguna razón deberíamos tener vehículos estacionados bajo el dosel.
  - Las fallas mecánicas deben ser reportadas a los Técnicos del Vehículo, no a tu supervisor.
  - El gasing up vehicles al final de su turno es una necesidad.

## TML Comparison Report

Please note that this report reflects as of December 31, 2020

Fund Year	Workers Comp.	General Liability	Auto
2020/2021	1	0	0
Contribution	11,746	68	11,503
Loss Ratio	12.8%	0.0%	0.0%

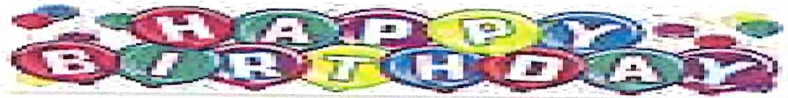
Fund Year	Workers Comp.	General Liability	Auto
2019/2020	1	0	5
Contribution	36,734	268	45,424
Loss Ratio	1.5%	0.0%	10.7%





**SWART**

Don't forget to visit  
our web site



January Birthdays  
Maria Camacho —1/20

February Birthdays  
Francisco Rodriguez—2/9

March Birthdays  
Cynthia Rodriguez—3/19



Guillermo Canales , Vehicle Operator from Eagle Pass attends PASS training with Frank Villalobos, Safety and Training Technician in Eagle Pass.



Special thanks to Maria Camacho, Mobility Manager Specialist and Bianca Flores, Vehicle Operator from Eagle Pass for working as dispatch when staff have been out for various reasons. Your hard work does not go unnoticed. Thank you ladies.....Great Teamwork!!

Rey De Los Santos , Vehicle Operator from Uvalde County attends PASS Training with Frank Villalobos, Safety & Training Technician.

